

Z Med Clinic Offers Effective Menopause Natural Treatments In Houston

The availability of best natural menopause treatments at Z Med Clinic offers relief to many women affected by severe to moderate symptoms associated with menopause

Houston, Texas, August 17, 2016—Dr A. Hashim along with his team at Z Med Clinic provide effective menopause natural treatments to menopausal women.

Menopause is the result of changing hormones, mainly the estrogen and the progesterone. It generally occurs around the age of 45 to 50. According to the current medical view, this condition is a disease that needs to be treated. During this change of life, ovulation stops as a result of falling level of female sex hormones. In per menopause phase, a women experiences many hormonal and biological changes in the body including hot flushes, night sweats, vaginal dryness, osteoporosis and mood swings. The intensity of these symptoms may vary from one woman to another woman.

The hormone replacement therapy is the current treatment given by many experienced doctors but this treatment carries many risks and side effects. On the other hand, natural menopause treatment can alleviate the symptoms of menopause and make the process hassle-free. The natural treatment is focused to balance hormone levels and encourage balanced health so that body can bear this change of life easily.

According to renowned Dr A. Hashim who has vast knowledge and experience in treating menopausal women with wide range of symptoms, natural treatments carry no risks and side effects. The treatments provide menopausal women with choices to address various moderate to severe symptoms associated with menopause.

Here is what Dr A. Hashim has to say about the natural menopausal treatments – “We have a unique approach to treat women who are suffering from various menopausal symptoms. We use only natural, bio-identical hormones in our treatments. We balance hormone levels for each individual depending upon the age, sex, and other clinical factors. This is the reason why many women trust us to get relief from menopause symptoms.”

Emma Steve, a satisfied happy patient says – “Thanks Dr Hashim. You and your team helped me fight the symptoms associated with menopause in an easy way. I would say you offer the best treatment at Z Med Clinic.”

About Z Med Clinic

Z Med Clinic is a well-established medical practice with 5 different locations throughout Houston. We aim to provide effective and affordable medical support and health services to patients ailing with different health problems. We have world-class treatment options with well-advanced equipment and technology. Our team of doctors are best health practitioners in Houston, Texas.